Spiritual & Mental Wellness

*Join discussions around Mental Wellness*

*in a safe space over Coffee and Bagels*

**Topic: Depression**

Our Facilitator for the morning:

**Rev. Luke Ekstrom, Chaplain at Penn Medicine**

**Saturday, March 1st, 2025 @ 10:00 am**

Where: Grace Presbyterian Church

57 Sandhills Road, Kendall Park, NJ

Tel. 732 297 9182 for more information