# The Week Ahead at Grace Presbyterian Church: Jan. 26- Feb. 2

For additional information, call the church office or ask an usher!

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Sun. Jan. 26	9:30 am Sunday Service/Baptism
	10:30 am Fellowship
Man Ian 27	7.20 am Vardalini Va aa
Mon. Jan 27	7:30 am Kudalini Yoga
	9:30 am Iyengar Yoga
	7:00 pm Yoga
Tues. Jan. 28	9:30 am Iyengar Yoga
Wed. Jan. 29	9:30 am Iyengar Yoga
	7:00 pm Essentrics Class
	7:00 pm Art for the Heart
Thurs. Jan 30	9:30 am Iyengar Yoga
	6:00 pm Jazzercise
Fri. Jan. 31	9:30 am Restorative Yoga
Sat. Feb. 1	8:30 am Jazzercise
	8:45 am Iyengar Yoga
	10:00 am Anxiety Workshop
Sun. Feb. 2	9:30 am Sunday Service/Communion
	10:30 am Fellowship
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## **Vision Statement**

We are an open and affirming congregation. We genuinely welcome people of all ages, race, ethnicities, genders, sexual orientations, beliefs, and those who are cognitively and or physically challenged. Our vision is to be a community of love and purpose, each one engaged in ministry, seeking to know Christ, growing in discipleship, and embodying God's love for the world.

#### \*\*\* GENERAL ANNOUNCEMENTS

# Spiritual & Mental Wellness



Join discussions around Mental Wellness in a safe space over Coffee and Bagels

# **Topic: Anxiety**

Our Facilitator for the morning:

Rev. Luke Ekstrom, Chaplain at Penn Medicine

# Saturday, February 1st, 2025 @ 10:00 am

Where: Grace Presbyterian Church 57 Sandhills Road, Kendall Park, NJ Tel. 732 297 9182 for more information

# **Women's Bible Study**

Women's bible study meets every other Wednesday in room 2 from 12 noon to 2 PM The next Meeting dates are February 5 and 19. We are studying Acts, Awakening to God in Everyday Life, by Melissa Spoelstra.

It is not necessary to do any preparation.

We will cover the material together as the Spirit leads us.

Come with an open mind and heart to explore scripture.

Bring your questions and experiences to share.

Questions - Contact Laura Taff - lt9115@gmail.com

# Men's Group

The next meeting of the Grace Church men's group will be **Sunday, February 16th, at 10:45 a.m.,** following the morning worship service and we will meet in room 3. Feel free to bring beverages or refreshments. Attendance at the worship is not necessary to attend the men's gathering. **The topic for discussion will be** "What's so holy about the Holy Bible?"

The next meeting will be on **Sunday, March 9, 2025,** Looking forward to a lively discussion.

Donald Pitches Questions? Call; 201-370-2685

# **Grace For Dinner**

If you are a neighbor in need of food, come to our table

Grace Presbyterian Church is offering a FREE dinner for people facing a food crisis

Saturday, Feb. 8 th-4:00 - 5:30 PM - Doors Open at 4:00

Meals prepared by - Panera Bread Meal choices:

- 1. Turkey & Cheddar Sandwich & Chicken & Rice Soup
  - 2. Grilled Cheese Sandwich & Tomato Soup

Please order meals by Monday, February 3rd, 732-297-9182 or by email <a href="mailto:office@gracepcsb.org">office@gracepcsb.org</a> Please provide your name, phone number, number of meals and if any are vegetarian. One meal per person please. Let us know if you have transportation limits; we may be able to arrange delivery. If you miss that date remaining meals will be given out starting at 5:45 on a first-come-first serve basis.

#### **South Brunswick Food Bank Items Needed:**

Ground coffee - Jelly - Chef Boyardee, or any canned pasta Crushed tomatoes - Pancake mix - Syrup Spaghetti, and any boxed pasta Paper goods: toilet paper, paper towels, tissues, napkins

Boxed milk such as Parmalat - Canned tuna

Please bring the item(s) to the church and put it in the cart by the front door. If you have any questions contact Lee - <a href="mailto:mrsp52@comcast.net">mrsp52@comcast.net</a>



# **Craig Cohen**

pbgrebe2001@yahoo.com

and Friends of the Environment Invite you to a nature walk at Mapleton Preserve

> Mapleton Preserve 145 Mapleton, Rd Princeton 08540

Sunday, 2/2/25 @ 2pm (we'll Meet at 1:30)

Craig Cohen will lead an easy Hike of the Preserve Craig is an Award Winning Science Instructor, Environmental Advocate & Avid Bird Watcher

Hosted by
South Brunswick Area Interfaith Clergy Association
And our participating Houses of Worship

### **Look Who's Serving**

	Jan. 26	Feb. 2	Feb. 9	Feb. 16
Liturgist	Amy Miller	Carol Thomson	Lee Piotrowski	Sandy Chmielewski
Usher	Laura Taff	Maryann Rappa	Judianne Brown	Sandy Chmielewski
Zoom	Janice Royer	Gabi Quaely	Peter Godinez	Maryann Rappa
Worship Leader	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton
Coffee Hour	Gabi Quaely	Barbara Elieff	Vivian Paulus	Amy Miller
Counters	Fran Trischetta Lee Piotrowski	Mike Royer Dottie Pickell	Fran Trischetta Carol Thomson	Laura Taff Lee Piotrowski
Musician	Vince DiMura	Vince DiMura	Vince DiMura	Vince DiMura
Open/Close	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer

# **CHURCH LEADERSHIP**

<u>Pastor Debbie</u> - Debbie is in the office Tuesday, Wednesday & Thursday. Works off site on Friday. She can best be reached by email <u>pastordebpaton@gmail.com</u> or cell phone 630-886-6785. Please honor Monday as her sabbath by only calling if it is an emergency.

Vince Di Mura - Music Director

<u>Church Office</u> - Maryann Rappa is in the office Monday, Tuesday and Thursday. She can be reached at 732-297-9182 or office@gracepcsb.org.

### **NOT SURE WHO TO CONTACT?**

Questions about donations - Contact Al Goddard

- Questions about the children's ministry contact Nancy Varga nmvarga2011@comcast.net
- Questions about the Deacons contact Kathie Scott <u>kathiemscott@icloud.com</u>
- ❖ Have a prayer request? contact **Tami Aug** tamaraaug@gmail.com
- Put an announcement in the bulletin? tell the church office by Wednesday. office@gracepcsb.org
- ❖ Put an article in the newsletter? <u>Maryann Rappa office@gracepcsb.org</u>
- **❖** Want to get involved? **Contact an elder.**

Questions about **Finance or Personnel** - Rob Aug; **Hospitality or Outreach** - Donna Keller; **Preschool** - Nancy Varga, Carol Thomson; **Property** - Jim Elieff, Mike Royer; **Worship** -Dottie Pickell; **Stewardship** - Laura Taff; **Christian Ed.** - Nancy Varga; **Wellness** Irene Carman; **Clerk of Session** - Peter Godinez

<u>Elders - Rob Aug</u>, Irene Carman, Jim Elieff, Peter Godinez, Donna Keller, Dottie Pickell, Mike Royer, Laura Taff, Nancy Varga

<u>Deacons</u> - Tami Aug, Gloria Bernard, Judianne Brown, Sandy Chmielewski, Amy Miller, Evelyn Savage, Kathie Scott

### **USERS' GUIDE**

- ➤ Welcome! If you are visiting, please sign our guest book on the table in the hall before entering the worship space.
- ➤ If you have a **prayer request**, fill out a blue *prayer request card* (the other side of the welcome card) and put it in the offering plate.
- **Restrooms** are on the fellowship side of the sanctuary.

#### More information?

**Grace Presbyterian Church-** 57 Sandhills Road, Kendall Pk, NJ 08824 Phone number- 732-297-9182 email us at - <u>office@gracepcsb.org</u> - Visit our website: <u>www.gracepcsb.org</u> - Or check us out on Facebook!